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ACCT2018

ADVANCING CONTINENCE CARE TOGETHER
December 5-6, 2018, Gothenburg, Sweden

SPEAKERS





09.15-09.40

Bladder and bowel interaction - how does it work?

Presenter: **Jean-Jacques Wyndaele**

Professor Emeritus at the Department of Urology, University of Antwerp, Belgium and President of the International Spinal Cord Society (ISCoS)

Professor Jean-Jacques Wyndaele is a true guru within lower urinary tract dysfunction, neuro-urology, incontinence and spinal cord medicine. He has more than 4 decades of research on his resume, resulting in countless number of scientific publications (>500), more than 29 book contributions, 3 books, and numerous executive and honorary assignments for national and international scientific committees such as the European Association of Urology (EAU), the International Continence Society (ICS), the International Consultation on Incontinence (ICI), the International Spinal Cord Injury Society (ISCoS), and the European Society for the Study of Interstitial Cystitis. The latter as President. He is also talking a great responsibility for maintaining high quality of published clinical evidence (in the scientific literature) as a member of Editorial Boards of several scientific journals, including former editor of Spinal Cord and of Spinal Cord Series & Cases. Although Professor Wyndaele has retired from clinical practice it is hard to find a better suited expert to provide us a recap of the physiology/anatomy background to bladder and bowel interaction.



09.40-10.10

Combined bladder and bowel care - is it a reality and can it make a difference?

Presenter: **Anton Emmanuel**

Professor of Neuro-Gastroenterology at University College London and Consultant Gastroenterologist at University College Hospital, London, UK

Anton Emmanuel is a professor of Neuro-Gastroenterology at University College London and Consultant Gastroenterologist at University College Hospital and the National Hospital for Neurology and Neurosurgery (Queen Square). Prior to this he was Senior Lecturer at Imperial College and Honorary Consultant Gastroenterologist at St Mark's Hospital. He passionately dedicated to his clinical work which encompasses being director of the GI Physiology Unit at University College Hospital as well as providing a general gastroenterology service. His research has truly set the standard within gut neurophysiology and management of functional gastrointestinal disorders of the upper and lower gut. Professor Emmanuel is the ex-Chairman of the Neuro-Gastroenterology section of the British Society of Gastroenterology and is the Medical Director of Core, the largest UK gastrointestinal charity. He is the Editor of the journal Frontline Gastroenterology. With more than 100 published papers, 20 book chapters, and 3 gastrointestinal textbooks he is an icon within his field.



Presenter: Jalesh Panicker

Consultant Neurologist and Clinical Lead Reader in Uro-Neurology, The National Hospital for Neurology and Neurosurgery and University College London Institute of Neurology, London, UK

Dr. Jalesh Panicker is an expert in neurourology with more than 20 years of experience. His primary interest is in understanding the neural control of the bladder and how it is affected in neurological disease. He meets patients with multiple sclerosis, Parkinson's disease, cauda equina syndrome, and Fowler's syndrome and is a vital part of a strong multidisciplinary team of urologists, urogynecologists, gastroenterologists, and nurses that focus on providing a comprehensive approach for managing bladder, bowel, and sexual dysfunction in patients with a variety of neurological disorders. Dr. Panicker is dedicated to his clinical work but also has a strong research and education focus with involvement in training of medical students and clinical research. The latter has resulted in more than 65 articles in peer-reviewed journals and 15 book chapters.

★ KEYNOTE 11.20-12.05 and 14.25-14.45

Bladder and bowel impact on wellbeing

Presenter: Denise Tate

Professor at the Department of Physical Medicine and Rehabilitation, University of Michigan Medical School, USA



Professor Denise Tate is a groundbreaking researcher that has taken her background as a Psychologist into spinal cord injury rehabilitation. She leads research in how bladder and bowel issues impact daily life for people with a spinal cord injury and has published numerous influential scientific papers (121 University of Michigan publications) at the forefront of her specialism. Professor Tate's research has focused mostly on spinal cord injury and outcomes-based metrics and the starting point is always from the client's

perspective. She is particularly interested in the challenges someone with a spinal cord injury face in relation to bowel management problems. Professor Tate drives international research with engagement in both the WHO Task Force for Spinal Cord Injury survey data and the International Spinal Cord Society (ISCoS). She has taken on the responsibility of providing higher education and science services throughout the medical community with for example an active role within the editorial board of the Archives of Physical Medicine and Rehabilitation.



12.05-12.40

Patient reported outcomes in a health-economic context

Presenter: Ingela Björholt

Doctor within Health Economics and Managing Director PharmaLex, Gothenburg, Sweden

Dr Ingela Björholt is the founder of PharmaLex Sweden AB, (formerly Nordic Health Economics) a consultancy company with strong research focus, specialized in health economic evaluations and real-world evidence. The group takes on work commissioned by companies, governmental bodies, county councils and academic institutions.

Dr Björholt and her team has developed MedTech20©; a generic instrument measuring patient benefits of medical devices. The instrument includes 20 validated attributes capturing the usability of a medical device, and to what extent it affects patients' wellbeing. The relative importance of each attribute was explored in the Swedish general population, and subsequently a measurement of the patient perceived value (MedTech20©Index) was developed, intended for use in the health-economic analyses of medical devices.



13.40-14.25

Symmetry seeking - A holistic approach to patients with bladder and bowel dysfunction

Presenter: Niall Galloway

Associate Professor of Urology at the Emory University School of Medicine, Chief of Female Urology and Director of Emory Continence Center, Atlanta, USA

Dr. Niall Galloway is a living legend and native of Scotland with strong research interests in developmental biology, clinical anatomy, and neuroscience. His latest addition is the revolutionary book 'Symmetry Seeking' that provides insights to understanding personal health that can possibly transform the way doctors and other healthcare providers approach health and treat disease. Apart from his authoring career, Dr. Galloway has more than three decades of clinical experience, specializing within urinary incontinence, voiding dysfunction, neurogenic bladder dysfunction, neuromodulation, urodynamics, pelvic organ prolapses, and pelvic support anatomy. He has lectured both nationally and internationally, is involved in teaching and mentoring, and has contributed to the medical community with multiple scientific journal articles.



★ INSPIRATIONAL SPEAKER 16.00-17.00

Digital solutions past to future related to medicine and the human using them

Presenter: **Ashkan Fardost**

Inspirational lecturer, scientist, digitalization and internet enthusiast.

According to Dr. Ashkan Fardost most people have missed the whole point of digitalization. It is not only about technology per se, but how technology influence human behavior. Businesses need to consider this to survive the digital era. This is a whole new way of thinking. Dr. Fardost started his digital journey in the beginning of 2000. He started off with music and got involved with innovation. Apart for that, he has a PhD in Organic Chemistry, is a partner in Tannak, and helps startups and groups with innovations. Today he studies how the digitalization affects different industries – now sharing his insight on the digital solutions and medicine.

Agenda Day 2



09.05-09.40

Sustainable wellbeing and prevention of urinary tract infection (UTI)

Presenter: **Anne P. Cameron**

Associate Professor of Urology, University of Michigan Medical School, USA

Associate Professor Anne Pelletier Cameron is a urologist who specializes in neuro-urology and complex incontinence repair at the University of Michigan. She started her career in urology as a resident in Halifax, Canada, and had a great interest in female pelvic medicine so she came to the University of Michigan for advanced fellowship training in 2007. While at the University of Michigan, she discovered a passion for the urologic care of patients with neurological conditions. Associate Professor Cameron clinical engagement is accompanied by a strong research focus. The latter has led an extensive record of scientific papers including the ignition paper for the first ACCT conference about bowel dysfunction in patients with neurogenic bladder.



09.40-10.15

How to improve bladder related outcomes in patients with urinary retention?

Presenter: **Véronique Phé**

Assistant Professor, Department of Urology, Pitié-Salpêtrière Academic Hospital, Sorbonne Université, Paris, France.

Assistant professor Véronique Phé is an extremely productive urologist with a total number exceeding 100, and an annual contribution of approximately 20, scientific papers. Her key papers address among other things continent catheterizable tubes/stomas, the use of D-mannose in patients with multiple sclerosis and urinary tract infections, and management of the neurogenic bladder in patients with multiple sclerosis. Ass. Professor Phé possesses a broad variety of skills and manage many different expert areas including for example the following; urinary incontinence, urinary tract infections, neurogenic urinary bladder artificial urinary sphincters, urodynamics, and nerve stimulation. She is the chair of the neuro-urology committee of AFUrologie and an active member of the International Continence Society (ICS) and the European Association of Urology (EAU).



10.15-10.50

How to improve bowel related outcomes in patients with fecal incontinence and constipation?

Presenter: **Christine Norton**

Professor of Nursing, Florence Nightingale Faculty of Nursing and Midwifery, King's College London, London, UK

Professor Christine Norton is a Registered Nurse who has specialised in helping people with incontinence for over 30 years. She has developed a nurse-led clinical service for people with fecal incontinence and constipation. Her research concentrates on improving symptoms and quality of life in people with chronic bowel conditions. Other research includes managing constipation, management of neurogenic bowel symptoms and nurse-led interventions for incontinence. She was chair of the NICE guideline on faecal incontinence and has published extensively in a range of nursing and medical journals. She is also passionate about helping nurses to develop as clinical academics. She has published widely and written several books and chapters of books. She writes and lectures extensively. She is an editor for the Cochrane Collaboration incontinence group; and is associate editor of "Gastrointestinal Nursing", and is editor of a book "Bowel Continence Nursing". She has contributed as co-chair of the Continence Promotion Committee of the ICS.



11.20-11.55

How to improve outcomes by combined bladder and bowel management? - Combining excellence and evidence.

Presenter: Giulio Del Popolo

Professor and Director, Department of Neuro-Urology, University Hospital Careggi, Florence, Italy.

Professor Giulio Del Popolo is a central international person within both neurogenic and non-neurogenic urology today. With more than three decades of clinical practice Professor Del Popolo possesses several expert areas including for example the following; spinal cord injury, urinary incontinence, traumatic brain injury, urodynamics, and neuro-urology. He has a strong research focus with numerous publications (> 300) in both national and international scientific journals and an active contributor as reviewer in the Journal of Urology, Neuro-urology and Urodynamics, European Urology, Spinal Cord, and the British Journal of Urology. Professor Del Popolo is an active member of several international scientific societies such as the International Spinal Cord Injury Society (ISCoS) and the International Continence Society (ICS) and the given chair when the annual meetings visit Italy. As a member of the European Association of Urology (EAU) he is the recognized author of the international guideline on neurogenic lower urinary tract dysfunction. Furthermore, Professor Del Popolo's engagement is vital in the Italian Urodynamics Society (SIUD) with several years as their president.



Presenter: Stefania Musco

Consultant Urologist, Department of Neuro-Urology, University Hospital Careggi, Florence, Italy

Dr. Stefania Musco is a dedicated researcher and consultant urologist with special focus on urinary incontinence and retention, overactive bladder, neuro-urology, urogynecology, and neurogenic bowel among other things. She has published many scientific manuscripts and the most recent key papers focus on the value of urodynamic findings in predicting upper urinary tract damage and percutaneous tibial nerve stimulation. Dr. Musco is an experienced lecturer and an invited reviewer for the British journal of urology and BMC urology for example. She is an active member of the International Continence Society (ICS) and the European Association of Urology (EAU). For the latter, as a recognized panel member for the development of the clinical guidelines within neuro-urology. Dr. Musco is a board of trustees member of the Italian association for the study of neuro-vegetative (AINV) and a member of the Italian Urology Society (SIU), the Italian Urodynamic Society (SIUD).

At Wellspect we value the people behind our success as a leading provider of life-changing products for bowel and bladder management such as the well-known brands LoFric® and Navina™. From the thousands of users and healthcare professionals worldwide who inspire our innovative solutions, we know that working together is the best way to advance continence care, giving our users more time for life. Building on over 30 years of life-improving performance, we passionately strive to make a difference every day to everyone who needs our products and services.

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